

INNER HEALING AND DELIVERANCE

Memory Verse:

I Thessalonians 5:23

"May God himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of the Lord."

1. In what condition do most people come to the Lord? (Isaiah 1:5-6, Psalm 38:3-8, 18)

2. What does He desire to do for us? (Psalm 23:3a)

3. What are the three parts of man? (I Thessalonians 5:23)

- a. _____
- b. _____
- c. _____

The *spirit* is the innermost part of a person—the real you. It includes the intuition and the conscience, and for a believer, it is the place where the Spirit of God dwells. You have fellowship with God through your spirit. The intuition is your “knower,” that by which you perceive or sense things or circumstances. The conscience is the door of your spirit. It is that which tells you right from wrong, by which you feel guilt. Sin makes the conscience dull and not sensitive to the Spirit of God.

The *soul* of man deals with the mental and emotional realm of man. The soul consists of our mind, will and emotions.

The *body* is the part of man that deals with the physical realm. It is dominated by the five senses and is the vehicle by which we communicate to the outside world.

Those who come to the Lord from a life of sin are filled with brokenness, emotional scars, hurts and rejection. They are bound and imprisoned to many habits and thought patterns. Many are still full of anxiety, worry and depression. They are benumbed, badly crushed and mentally confused. When we come to the Lord, our sin of rejecting Him is forgiven. We are born again; we receive a new life and a new heart and are received into His Kingdom and family. But there are still many areas in our lives that have been destroyed by sin. These areas are in need of restoration by the Spirit of God.

4. How does God say we are transformed? (Romans 12:2)

This renewing of the mind takes place in two ways. The first is by having our minds focused on the Word of God daily. The second is by the inner healing of the soul and the deliverance from anything to which the believer is held captive. God has provided a ministry for this type of renewing by the Spirit.

5. What ministry does the Holy Spirit anoint us to do? (Isaiah 61:1-4)

It is in this passage that we find the basis for the ministry of inner healing and deliverance for the body of Christ. Closer study of this passage shows us the three main areas in this ministry:

1. Healing of the memories—“binding up the broken-hearted, setting at liberty those who are bruised.”
2. Deliverance—“proclaiming deliverance to captives, the opening of prison to those who are bound.”
3. Breaking and renouncing of curses which are passed down from generation to generation—“raising up the former devastations, repairing the desolations of many generations.”

6. What kind of church is Jesus coming for, and how will she be cleansed? (Ephesians 5:26-27)

- a) _____
- b) _____

I. Inner Healing—Healing of the Memories

The human brain has one billion cubicles for storage of information and memories. People who are mentally healthy bury unpleasant memories but will go through their lives reacting to certain situations in the same way and not realizing why.

7. What does the Lord desire to do for these wounds? (Isaiah 1:6)

8. If many of these hurts and bruises are hidden in our memory and forgotten, how can we know them? (Daniel 2:22)

9. The basis of this ministry is illustrated in one sentence in the Book of James. What is it? (James 5:16)

10. What provision did Jesus make for this inner healing of broken hearts in the atonement? (Isaiah 53:4)

Any provision in the atonement must be appropriated by faith. Jesus died for the sins of the world; yet each person must individually appropriate that forgiveness by faith or they cannot be saved. Jesus bore our sicknesses and diseases, and by His stripes we are healed. But we must appropriate this healing by faith in order to be healed. Likewise, Jesus Himself bore our grief and carried our sorrows. The Lord has provided a ministry through which we may receive this inner healing.

11. What will the Lord give to replace mourning? (Isaiah 61:3)

- a) _____
- b) _____

12. What will the Lord give to replace the spirit of heaviness or fainting? (Isaiah 61:3)

II. Deliverance

13. What provision did Jesus make for deliverance on the cross? (Hebrews 2:14)

14. What did Jesus say to do with demons? (Mark. 3:14-15)

15. By what authority are demons cast out? (Mark 16:17)

16. Why does a believer continue to remain in bondage after he has been saved? (Proverbs 5:22-23)

Because of a lack of discipline and instruction, many children of God are held in bondage. Because a person has sinned in an area so many times, s/he can be brought into captivity. According to this scripture, iniquities capture the wicked and s/he will be held with the “cords of his sins.” Jesus came to set the captives free. These cords of sin must be confessed and cleansed in the blood of Jesus.

17. Why does the unrenewed mind stay corrupted? (Ephesians 4:22)

18. What does the Lord say about those who try to hide their transgressions? (Proverbs 28:13)

19. What are we exhorted to do? (Proverbs 28:13)

20. We see this practiced by the early church—what happened? (Acts 19:18)

Therefore we must be honest about the hidden things in our lives. As we confess our faults to the Lord and to one another, these cords will be broken and we will be set free from bondage to sin.

We must confess and forsake the specific sins we have committed as the Holy Spirit reveals them. For a demonic force that has its roots in hurts and wounds, each person who has inflicted pain must be forgiven from the heart of the believer. The key to this

deliverance is first to get the roots out by confession and forgiveness and then to cast out the demonic spirit that is involved. If all the roots have been removed by the deliverance minister, there is no reason why the person will not be delivered. It is only the debris of unconfessed sin and the harboring of unforgiveness that gives the demonic spirit legal right to hold on.

21. What are three other reasons that a person can be held captive to a demonic force? (II Peter 2:19, Matthew 18:34-35, Deuteronomy 5:9)

- a) _____
- b) _____
- c) _____

In many cases children are born with a demonic hold in their lives in certain areas because of the sins of their parents. Children who were unwanted can be born with a spirit of rejection. Children whose parents were sexually immoral can be born with various spirits of lust. A father who has an extremely violent spirit of anger can pass it on to his children.

22. What happens to those who harbor unforgiveness? (Matthew 18:34-35)

23. What must the believer do to be released from the torturers? (Matthew 18:34-35)

24. What are two sure signs of demonic activity? (James 3:14-16)

- a) _____
- b) _____

25. As we confess these things, what happens? (Ephesians 4:22-24, James 5:16, Proverbs 28:13)

- a) _____
- b) _____
- c) _____
- d) _____
- e) _____

26. What two revelation gifts of the Spirit are vital for this ministry? (1 Corinthians 12:8,10)

- a) _____
- b) _____

Knowledge of the word of God coupled with the revelation of the Spirit helps us detect areas of bondage and gives us the keys to unlock doors that have imprisoned people.

III. Breaking of Curses

27. Why did the Lord say the curse would come upon Israel? (Deuteronomy 30:17-18)

28. Upon whom would the curse come? (Exodus 20:5)

29. What are some sins that will bring curses upon a family? (Deuteronomy 27:15-16, 28:45)

- | | |
|----------|----------|
| a) _____ | g) _____ |
| b) _____ | h) _____ |
| c) _____ | i) _____ |
| d) _____ | j) _____ |
| e) _____ | k) _____ |
| f) _____ | l) _____ |

30. What will be the effects of these curses on future generations? (Deuteronomy 28:46)

31. How are we alienated from the life of God and His blessings? (Ephesians 4:17-18)

Through the knowledge of the Word of God and the appropriation of deliverance from these curses by faith in the finished work of Jesus on the cross, the power of these curses can be broken over the lives of those who are under them. As we examine the scriptures, we find a list of these curses in Deuteronomy. From studying them, we can discern when a person is suffering from one of them.

Study Deuteronomy 28.

32. List some of the curses of poverty. (Deuteronomy 28:16-20, 29, 33)

- | | |
|----------|----------|
| a) _____ | f) _____ |
| b) _____ | g) _____ |
| c) _____ | h) _____ |
| d) _____ | i) _____ |
| e) _____ | j) _____ |

33. What physical infirmities are mentioned as part of the curse? (Deuteronomy 28:27, 35, 58-61)

- | | |
|----------|----------|
| a) _____ | e) _____ |
| b) _____ | f) _____ |
| c) _____ | g) _____ |
| d) _____ | h) _____ |

34. What mental problems are the result of curses? (Deuteronomy 28:28, 34, 65-67)

- | | |
|----------|----------|
| a) _____ | d) _____ |
| b) _____ | e) _____ |
| c) _____ | |

35. If you do serve the Lord but do it with complaining and murmuring, what will happen? (Deuteronomy 28:47-48)

36. What did the Lord say about those who love Him and keep His commandments? (Exodus 20:6)

By the revelation of the Holy Spirit, causes for these curses can be discerned, and the sin and effects of the curse removed from the believer and his/her descendants forever.

37. What provision did Jesus make for us in the atonement? (Galatians 3:13)

38. Why did He become a curse for us? (Galatians 3:14)

39. What is the “blessing of Abraham”? (Romans 4:6-8)

- a) _____
- b) _____
- c) _____

Jesus assured us that whatever we bind on earth will be bound in heaven. Heaven is our model—there is no curse there. Christ redeemed us from the curse by His atoning death on the cross. The curse has been broken, but Satan is a cheater by nature and will illegally keep the curse on us if we allow him to. We must bind him—bind him to the contract of God’s word and command that the curse and all its effects be broken and removed entirely and forever from the individual and/or family we are ministering to. If there is no unconfessed sin in the person’s life, the curse and its effects will be practically removed from the person’s life when the deliverance minister exercises their authority in Christ over the curse.